

## 2011 Sr. HI-Y Leadership-Service Pre and Post Summit Assessments

### YMCA Camp Horseshoe

Pre Assessment June 19, 2011 *Post Assessment evening June 24*

Year In School this coming September

9th	10th	11th	12 <sup>th</sup>
12%	28%	28%	33%

Gender	Male	Female
	40%	60%

Age in Years

14	15	16	17	18
12%	28%	22%	33%	1%

When I got here I knew – *At the end of this Summit I now know*

No one else	1 – 5 others	6 – 10 others	11 to 20 others	21 – 30 others	More than 30
7%	44%	17%	20%	6%	6%
		3%	22%	23%	50%

Check the number that best fits you.

	No				Yes
	1	2	3	4	5
1. I enjoy working with others	2% 1%	2% 1%	11% 6%	33% 29%	55% 64%
2. I understand HI-Y's Purpose	3% 1%	3% 3%	16% 6%	25% 19%	55% 72%
3. I know how to recruit new members into my HI-Y	22% 6%	17% 6%	19% 18%	19% 30%	26% 41%
4. I understand how to raise money for my HI-Y	28% 2%	13% 2%	17% 12%	25% 29%	20% 55%
5. I understand how to plan a service project	18% 2%	13% 4%	19% 11%	28% 25%	26% 58%
6. I have a vision of how to make my community and school a better place to live	7% 1%	3% 2%	21% 12%	26% 26%	45% 59%
7. I enjoy reflecting on what I have completed daily	3% 3%	9% 2%	25% 13%	23% 30%	40% 49%
8. I understand what the duties of an officer in HI-Y, UN or YG are	16% 3%	14% 4%	15% 13%	16% 28%	39% 52%
9. Are you involved the civic life of your community <i>I will now be more involved</i>	14% 1%	8% 4%	25% 20%	25% 22%	31% 53%
10. Are you involved in civic activities of your school <i>I will now be more involved</i>	8% 1%	6% 2%	18% 12%	24% 23%	46% 63%

**Please rate your experience with these components of Senior HI-Y Leadership-Service Summit**

	Low				High
	1	2	3	4	5
1. Folk Dance Mixer (Sunday Night)	2%	16%	19%	39%	25%
2. Opening Ceremony	1%	8%	29%	37%	25%
3. HI-Y Pizza (Monday Morning)	3%	16%	28%	34%	20%
4. Incredible Journey (Low Ropes Challenge Course)	1%	3%	11%	21%	63%
5. Boundary Breaking	1%	2%	7%	22%	67%
6. Personal Journals	6%	6%	16%	18%	55%
7. Campfires	2%	1%	6%	20%	71%
8. Parliamentary Procedure with Chad Proudfoot	18%	22%	29%	20%	9%
9. Mountain Hike	3%	4%	9%	28%	58%
10. Internet Safety with Trooper Loudin	4%	1%	16%	38%	44%
11. Youth In Government Legislative Session	2%	2%	9%	22^	64%
12. Youth in Government Supreme Court session	1%	8%	12%	30%	48%
13. Service at Horseshoe	1%	3%	25%	27%	44%
14. Model United Nations Session	3%	6%	17%	22%	53%
15. Create a HI-Y Calendar	8%	27%	31%	27%	8%
16. Action plan for back home	8%	18%	27%	25%	22%
17. How do we pay for everything in HI-Y	4%	10%	20%	32%	32%
18. Water Hike		8%	12%	15%	66%
19. My cabin counselors			2%	7%	91%
20. My D Group		1%	2%	13%	83%
21. Food		1%	4%	18%	76%

		Yes	No
32.	I will recommend this Summit to others.	94%	4%
33.	I will help recruit others to attend next year.	92%	7%

**The Top Two Things I learned**

Teamwork	13 responses
Leadership	11
Youth in Government	10
Model UN	10
Trust	8
Friendship	8
How to work with others	6
Sometimes follow	6
HI-Y	4
Parliamentary Procedure	4
Volunteer Service	4
How to make Friends	4
You're never alone	4

Be yourself	3
I can open up	3
Everyone is different	2
To get out of my comfort zone	2
YG Judicial	2
How to help my community	2
How to be safe on internet	2
Leaders must act	2
Everyone has a story	2

Single Responses

Every one has good	Cyber bullying	Step up and lead
To make HI-Y stronger	Communication	Family not always blood
No leaders without followers	Different is OK	Love people no matter what
How to run a meeting	Sharing	Leaders cannot speak at once
Leave chaos at home and have fun	Appreciate others	Never give up
If you lead, others will follow	Respect	Everyone has a purpose
How to eat family style meals	Do not judge	Attitude Counts
Do not need to know it all	Leaders listen	How to start HI-Y
When to lead, when to follow	Responsibility	Be more open minded

I prefer the modern world	Have an open mind	The Basics count
Making friends can be heart breaking	Get to know everyone	Never give up
No leaders without followers	Step up and lead	You are never alone
Not everyone wants to hurt you	How to run a meeting	All here for each other
Love people no matter what	How to lead	Appreciate others
How to raise money	To think	Be assertive
Technology is not life	How to inspire	Be involved
Everyone has a purpose	I am stronger	New songs
It is the struggle that counts	Caring	
How to get along with others	Leadership is not about self	
How to write a legislative platform	How to work with a Cabinet	
I should have attended last year instead of just this year.		

### Most Favorite Activity

Creek Walk	41 Responses	Folk Dace (Sunday Mixer)	3
Discussion Group	14	The Food/Meals	2
Campfires	13	Giants, Wizards, Elves	2
Incredible Journey	12	Volley Ball	2
Mt. Hike	12	Octopus Games	2
Boundary Breaking	11	Team Games	2
Edd Dropp	8	Reflections/Journals	2
Free Time	7	Spaghetti Marshmallows	2
Talent Show	5		
United Nations	5		
Dance	4		

### Single Responses

Bridge Building	Friends	Singing	Special Interest
Personal Interest	Field Olympics	Internet Safety	Campfire Skits
Team Building	Ultimate Frisbee	Drumming	Cabin Life
Budget Skit	Friends	Sports	
Cyber Bullying workshop			

### Suggestions for Next Year

More D Group Activities	19 Responses	Treat us like adults, not kids	2
Nothing to change – all good	18	Have 8:30 breakfast	2
More activities outside the Lodge	11	Get new folk songs	2
Use chairs in the Lodge	7	More UN	2
Less singing – silence is good too	4	Less UN	2
More free time	3		

### Single Responses

Less guest speakers	More skits	Practice Parliamentary Procedure
Select officers before camp	Get microphone stand	No Parliamentary Procedure
Less talk, more action	Longer breaks	Less government
More Incredible Journey	One on One	More YG
More get acquainted activities	Free time activities	More fun
Creek walks on hot days	Break before lunch/dinner	Make it longer
Egg Drop earlier in the week	More morning sessions	

**Here's what I will tell others about this Summit –**

*One of the most amazing things you will ever do in your life. It will change you!*

*May not be what you expect – you'll have such an interesting time - it will be fun.*

*I'm not a very social person and I had begun to think the shell I had wrapped myself in was impenetrable. Then I went to Horseshoe.*

*Like no other camp, the people you encounter change your life for the better, you learn so much about yourself and others.*

*Horseshoe changes the way you think, act and live. When you go home you are a completely different person. You learn to trust people and see the good in them. You step out of your boundaries.*

*This is the best way to sample the entire HI-Y program including YG, UN, Fall Conference.*

*This is one of the most rewarding experiences of my life. I met new people, learned about myself, and most of all this camp really changed my life. I have grown from a shy girl into a more confident woman.*

*HI-Y is a lot different. Midway through the week you don't miss your cell phone, your own room, your own computer or anything like that. The only thing I regret is I should have come to Horseshoe sooner.*

*Horseshoe is the greatest experience of your life. If you keep your mind open you'll learn something and have a tremendous time.*

*Horseshoe brought me out of my shell so much I want to be more involved in HI-Y and YG.*

*Horseshoe is the one place I can come and be myself. I am accepted for the good and bad things.*

*This is a good camp for boosting confidence, breaking barriers, and meeting so many interesting people. This is the only time where there's no judgment, no distractions and it is a wonderful experience.*

*This is great! You learn about nature, politics, manners and how to be more social.*

*Horseshoe changed my life. I have more confidence and learned so many life lessons from those here.*

*If you want a camp to test your abilities and help you create a better and more independent you, go to Horseshoe. The absence of electronics and everyday life let's you see life in a different light.*

*Not a day goes by that I do not remember the shining faces and gorgeous mountains where I experience the fresh outdoors away from the modern world.*

*You come out of the week a new person with a better understanding of leadership.*

*You can come here knowing no one else and leave with a whole new family.*

*Horseshoe lets you find who you are deep inside you.*

*Horseshoe is leadership plain and simple. But the leadership is in disguise. Between group activities, games, meet and greet, the people you meet become family and soon you're stepping out and accomplishing things you never dreamed possible.*

*This is more than a camp. We do all kinds of things from discussion groups, climbing a mountain, walking a creek – this becomes home away from home.*

*Unlike any place else because such amazing people are here with such incredible stories.*

*HI-Y shows me that everyone has something to offer and when you have different ideas you can combine them to create something better. This week changed me.*

*Here we get taken out of the fast-paced lives we live and have a shot at finding out what really matters in life.*

*Horseshoe is spectacular! You come with one mind set and leave completely forgetting what you came thinking of the place. Horseshoe will change you if you allow it to.*

*Horseshoe is a remarkable experience. It will make you think things you've never truly seen. It will give you the resources you need in one week to become the best possible version of you.*

*You break boundaries and push yourself to become a better leader.*

## **Sr. HI-Y Leadership Summit**

YMCA Camp Horseshoe  
Ohio-West Virginia YMCA  
3309 Horseshoe Run Road  
Parsons, WV 26287