

# HI-Y ADVISORS

## Advisor Job Description

### **Welcome To A Wonderful Opportunity To Help Young People and Your Community!**

You are key to the success of HI-Y in your community. Thank you for sharing your talents, skills, interest, and time with the young people in HI-Y.

You've got a real job ahead . . . one that doesn't pay anything except the satisfaction of knowing you're helping young people grow into lifelong better citizens of the community.

This HI-Y Handbook provides much of the information and background material you need. We also provide you this Handbook so that the material will always be available to every member of your HI-Y.

We do not suggest a complete outline for everything your HI-Y does. We do give basic principles for developing programs and projects that fulfill the purpose of HI-Y as they meet the needs of your group.

HI-Y offers an opportunity for you and your members to be creative, original, and to design a program that fits your situation. Successful HI-Ys combine an active local program with participation in statewide HI-Y Youth in Government, Fall Conference, Model United Nations, and HI-Y Camp at Horseshoe.

Young people find HI-Y a unique experience that empowers them by involving them in the life and work of their school and community. Teens grow, become better persons, transform classroom lessons into real life, and become committed to lifelong good citizenship.

We're here to help. The HI-Y Leadership Center is dedicated to extending HI-Y into every community and for HI-Y to be a national leader in helping youth develop into lifelong good citizens of the community who work to create better futures for all.

Your willingness to be a part of this important work is appreciated. Thank you for all your efforts on behalf of young people and HI-Y.

Please let us know how we can be of help to you and your HI-Y.

## Motivating Teens To Serve

Every Advisor, at one time or another, asks "How can I motivate my HI-Y (or a particular member) to be active?" While each Advisor usually develops a particular "style" to achieve this, here are a few "basic ideas" on motivation.

If it is important to you, **that alone**, will help make it important to others. Your actions will show that you believe HI-Y is worthy of effort, commitment, and action.

If you are a person who volunteers your members will see that. Your example of helping others and important needs in your community will speak louder than any words you can say.

Encourage and enable your members to set **their** goals. Make helpful suggestions; encourage long-range planning and structure regular reflection/review/evaluation of your HI-Y with your Executive Committee and the total membership.

Be "up front" with your members about your expectations concerning HI-Y. Always remember to examine yourself to make sure you have not created a set of expectations that "impose" impossible goals on others.

Be positive . . . and . . . be an **Encourager**.

HI-Y Youth in Government, Fall Conference, Model United Nations, Camp Horseshoe, and others are great motivators. Get your officers and members to them! The benefits to your HI-Y and to your members will be worth every effort you can make.

Continually **motivate** the leaders and "core group" (the ones you "always depend on") to encourage less-active members to become involved. Expand the circle of those you depend on so that in time every member is involved.

People want to help, to be needed, and to make a difference. Get your members into real situations of need where they are helping real people. They may go to help others but they will return having received more than they gave.

Get to know your members as persons. Do not get so caught up in all the mechanics of HI-Y that you forget to utilize your most valuable asset . . . one-on-one contact!

**Y**ou Develop Good members and officers by:

**M**aking Realistic Goals

**C**ausing Commitment

**A**ccenting Praise!

# Questions Most Often Asked by HI-Y Advisors

## **What Are My Basic Advisor Responsibilities?**

Work with the officers, members, Advisory Committee, and HI-Y Leadership Center to see that your HI-Y meets the HI-Y Standards to achieve the HI-Y Purpose. Have regular planned meetings that involve the members, do meaningful service that meets real school and community needs, help officers and members learn and practice how to be part of a group and conduct group business, take part in state HI-Y events.

## **How Much Time Will It Take?**

Much will depend on the effectiveness of your officers and members - and your ability to help them learn to be effective. If they are effective, you can expect to invest 5 - 10 hours a month. Participation in state HI-Y activities requires more.

## **Do I Attend Every Conference With My HI-Y?**

While it is not required that you personally attend each conference with your students, these activities provide another avenue for you to strengthen your relationship with your students, other advisors and staff, and to gather many new and exciting resources to strengthen your own local program. For those times you cannot attend, ask parents, Advisory Committee, other teachers or school staff to attend. Summer HI-Y Camp does not require a local adult to attend because we have a summer staff that live and work with the participants.

## **How Does HI-Y Pay For Its Projects and Activities?**

Each HI-Y develops its own budget and plan to secure needed funds. Sources of money include member dues, contributions, local sponsorships, fundraisers, and member paid portion of conference fees. Many local organizations, professional groups, and businesses who have an interest in youth and leadership development will provide sponsorship funds for your HI-Y to attend Youth in Government, United Nations, Fall Conference, and HI-Y Camp. Have your members ask and be sure to give follow-up reports and thank-yous.

## **What About My Expenses?**

Help your HI-Y understand that their budget planning needs to include the cost of adult(s) who take the members to programs and conferences. We try to help by including these costs in sample budgets in the Treasurer's section.

## **Should HI-Y Activities Take Place During School Or At Other Times?**

You'll probably find your HI-Y does both. The nature of the activity will determine the location. School policy will be a factor, too. An advantage of varying the location is to give your members exposure to the community and to allow the community to learn about your HI-Y.

## **How Will the Members, The School, The Community, And the Advisor Benefit From HI-Y?**

HI-Y enables everyone to learn and to grow, to translate ideas into action, to make a lasting difference for good, and to learn how to work together. The community gains a new generation of leaders committed to service. Advisors have a positive relationship with young people, see the results of their effort, expand their contacts with youth and adults, and enhance their own skills, too.

## **What Training Is Available?**

There is time at HI-Y Fall Conference and other conferences for Advisors to meet and to learn. Occasionally there are HI-Y Advisor Weekends at Horseshoe and Cave Lake for personal and professional growth experience.

The annual HI-Y Leadership Camps at Horseshoe give officers, members, and those interested in joining or starting a new HI-Y training in HI-Y purpose, program, and organization. Advisors are welcome to attend all or part of HI-Y Camp.

## **I'm Interested But I Don't Know How To Do All This. How Do I Get Started?**

Just do it. In HI-Y the Advisors and members learn together. Your job is not to know the answers but to help the members engage in the process. Along the way you'll learn the specifics. What's important is that you can be a supportive and encouraging adult who your members can work with, share with, and learn together.

The HI-Y Leadership Center is your resource for materials, staff help, advice, and training. Call and we'll help!

## "Tips" on Being an Effective Advisor

When starting on a trip to a place we've never been, we often get ideas or "tips" from those who have been there before. Well, here they are . . . ideas or "tips" from years of experience in HI-Y from those who "have been there".

You've been selected for your interest in young people, the future, your skill in working with youth, and your belief in HI-Y's purpose. If this describes you, then the following "tips" will fall into place.

Here they are. Most are **BASIC** and worth stating.

1. Meet regularly with your HI-Y. Your members need you, your guidance, and your support.
2. See that each meeting is planned ahead of time.
3. Encourage (you may have to teach it first) a little parliamentary procedure. Help your members learn how groups make decisions in a democracy. You'll find your HI-Y will make better decisions, everyone will know what was decided, and you'll see an improvement in all student groups in your school.
4. Do not do all the talking and do not make all the decisions. Your job is to help involve all members in discussion, decision-making, and planning.
5. Study this HI-Y Handbook . . . and the annual Yearbook we send you.
6. Keep this Handbook up-to-date. As we send you new or revised materials, add them.
7. Be sure your HI-Y has a Constitution. A Constitution lays out how your HI-Y is governed and is to operate. A sample Constitution is in this Handbook.
8. Be sure your HI-Y Treasurer and Finance Committee have budgeted money to pay Advisor and/or other adult costs for their participation in HI-Y events and conferences. We've tried to help with this by listing it as an item in the budget in the Treasurer's Section.
9. Explain that HI-Y is a program of the HI-Y Leadership Center, operated by the Ohio-West Virginia YMCA. HI-Y means high school YMCA.
10. Mail and Deadlines - Be sure the HI-Y Leadership Center has the accurate names, addresses, phone numbers of your members and officers (and yours, too!)
  - a. Have your HI-Y's annual Affiliation in to the Leadership Center by October 20.
  - b. Secretary reports are due by the 7th of the following month. You'll find other deadlines for conferences and camps, too.
11. Help the members recognize and accept responsibility for their decisions and their actions.
  - a. Take time for your HI-Y to reflect on their actions and to reach consensus on what to do better.
  - b. We spend time planning, time doing, it is equally important to spend time reflecting or reviewing.
  - c. Make your strategy . . . "Plan, Do, Review"

12. **Encourage!** That's right. **Encourage!** That's the name of the game. **Encourage** members to grow . . . to grow in responsibility . . . to grow into better citizens . . . **Encourage** each person to become a better person . . . **Encourage** each person and your HI-Y to make service their top priority . . . **Encourage** everyone to make a lasting difference for good!
13. Be sure "Tip" #12 describes you.

# Advisor's Monthly Checklist

*Each HI-Y creates their own Checklist. Use this as an example of things to include. It is best for all HI-Ys to elect officers in the spring and have them attend HI-Y Camp at Horseshoe.*

## August

\_\_\_\_\_ Meet with officers to make program and organizational plans, to prepare a budget, appoint committees, review what was learned at HI-Y Camp and Advisor's Weekend.

\_\_\_\_\_ Attend HI-Y Advisor Weekend at Horseshoe . . . you're welcome to bring spouse, children, grandchildren, friend, someone you want to interest in HI-Y, or - of course - to attend by yourself.

## Every Month See That

\_\_\_\_\_ Executive Committee meets

\_\_\_\_\_ Standing and Special Committees meet to do their work

\_\_\_\_\_ Help President set up Agenda

\_\_\_\_\_ Be sure schedule of meetings is set and announced

\_\_\_\_\_ Confirm program plans with Vice President

\_\_\_\_\_ See that your secretary has sent monthly report to the HI-Y Leadership Center

\_\_\_\_\_ Announce dates of special events, projects, conferences, etc.

\_\_\_\_\_ Involve members in meaningful service to the school and community

\_\_\_\_\_ Submit registrations/materials/fees for HI-Y Conferences (Youth in Government, Fall Conference, Model United Nations, Horseshoe, etc.)

\_\_\_\_\_ Take time with officers and the total membership to reflect/review/evaluate with a focus on taking what experience has taught and determining what the group will do differently in the future.

## September

\_\_\_\_\_ See that the Secretary and Membership Committee plan the membership drive (unless done at another time in the year)

\_\_\_\_\_ Arrange for a member of the HI-Y Leadership Center staff to meet with you, the members, and the officers

\_\_\_\_\_ Submit to membership for approval:

- year calendar
- budget
- HI-Y Missions Goals
- plan to achieve Honor Status
- membership plan

\_\_\_\_\_ Announce committee assignments

\_\_\_\_\_ See that calendar, budget, mission goals, and meeting reports are sent to the HI-Y Leadership Center

\_\_\_\_\_ Hold membership drive, new member orientation, current member re-commitment, and officer induction (unless done at another time of the year)

### **October**

\_\_\_\_\_ See that dues are paid

\_\_\_\_\_ Submit annual HI-Y Affiliation and roster to the HI-Y Leadership Center by October 20

### **March**

\_\_\_\_\_ Participate in HI-Y Week

### **April**

\_\_\_\_\_ See that the President appoints the nominating committee

### **May**

\_\_\_\_\_ Hold officer elections for next year and send new officer roster to HI-Y Leadership Center no later than May 20

\_\_\_\_\_ Send Missions, Honor Application, Annual Reports to HI-Y Leadership Center by May 20

\_\_\_\_\_ Submit registrations for June HI-Y Camp at Horseshoe

### **June**

\_\_\_\_\_ Be sure your HI-Y is represented at HI-Y Leadership Camp.  
Schools establish eligibility to participate in Youth in Government by having at least one student at HI-Y Camp.